

On Arraya, each topic of interest is also referred to as a “category.” The table below provides a short description of each one. You can update your interests anytime under “My Profile.”

| Topic of Interest<br>(Category) | Description   |
|---------------------------------|---|
| Adolescence                     | Working with adolescents (fourteen to eighteen years).  |
| Adult                           | Working with adults (eighteen years and older).   |
| Arts                            | Fostering learning and development through visual arts, music, dance, theater, and other artistic formats.  |
| Behavioral Health               | Strategies and resources to support learners' behaviors, emotions, and well-being, including mental health, substance use, and strategies for promoting overall psychological and emotional resilience. |
| Bilingualism                    | Supporting bilingual and multilingual learners and fostering language diversity.  |
| Brain Development               | Insights on how brain development relates to core aspects of learning.  |
| Child and Caregivers            | Resources to help educators engage with caregivers and families in supporting their children.   |
| Cognitive Development           | Insights into cognition and learning, including topics such as executive function, memory, and metacognition.   |
| Disabilities                    | Resources and support for children with diverse learning and physical needs.  |
| Dyscalculia                     | Identifying and supporting students with math learning difficulties.  |
| Dyslexia                        | Identifying and supporting students with reading and language challenges.   |
| Early Adolescence               | Working with young adolescents (eleven to thirteen years).  |
| Early Childhood                 | Working with young children (birth to five years).  |
| Emotional Development           | Insights on the development of emotional skills, including knowledge, awareness, and regulation.  |
| Intervention                    | Evidence-based approaches for learning and behavioral support.  |
| Language Development            | Insights on how students acquire and refine language and communication skills.  |
| Math                            | Strategies and tools for building strong math skills.   |
| Middle Childhood                | Working with school-aged children (six to ten years).   |
| Peer Relationships              | Understanding how friendships and social interactions influence development.  |
| Physical Health                 | Supporting students' overall physical well-being.   |
| Public Policy                   | Policies and initiatives that shape education, teaching, and student success.   |

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|-------------------------------|---|
| Reading and Literacy          | Strategies and tools for building strong reading, writing, and literacy skills.   |
| School Mental Health          | Supporting student mental health within school communities.   |
| Science                       | Strategies and tools for engaging students in STEM learning.  |
| Screening and Assessment      | Tools for evaluating student learning, development, and needs.  |
| Social and Emotional Learning | Strategies for supporting students to develop self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.                                |
| Social Justice                | Resources for promoting equal rights and opportunities for all students.  |
| Special Education             | Resources for working with students with identified   |
| Student Behaviors             | Tools for understanding a range of student actions, attitudes, and social interactions that influence learning, classroom dynamics, and overall academic and personal development.    |
| Technology                    | Digital tools that impact or enhance learning.  |
| Trauma and Adversity          | Understanding how experiences of stress, hardship, or harm can impact a student's emotional, psychological, and physical well-being, influencing development, behavior, and learning. |