



Plus One Approach Planning Document

The Plus One Approach is brought to you by **Dr. Thomas Tobin, Ph.D., PMP, CPACC**, author, scholar and educational consultant. In the video below, **Dr. James McKenna**, Assistant Director of Professional Learning and Leadership with the California Collaborative for Educational Excellence (CCEE), explains how to implement UDL utilizing the Plus One Approach.

[Click the link to watch a short video about the Plus One Approach](#)

Plus One Steps	Planning Notes
<p>1. Pick your lesson <i>Choose one lesson coming up in the next week. This could be a lesson that you do regularly so that you have some experience with Pinch Points, but it does not need to be.</i></p>	
<p>2. Consider your students <i>Consider the learner variability in your classroom, particularly surrounding this lesson.</i></p>	
<p>3. What is the Pinch Point? <i>What do you anticipate as the portion of the lesson that your students will struggle the most with?</i></p>	
<p>4. What is the barrier causing the Pinch Point? <i>What are barriers that are causing the pinch point?</i></p>	
<p>5. Change one thing. <i>Pick one thing to do differently and change it.</i></p>	
<p>6. Deliver. Observe. Reflect. <i>Make sure to come back to this document and reflect on the experience.</i></p>	
<p>7. Repeat <i>Continue the cycle.</i></p>	

Repeat the Process

Plus One Steps	Planning Notes
<p>8. Pick your lesson <i>Choose one lesson coming up in the next week. This could be a lesson that you do regularly so that you have some experience with Pinch Points, but it does not need to be.</i></p>	
<p>9. Consider your students <i>Consider the learner variability in your classroom, particularly surrounding this lesson.</i></p>	
<p>10. What is the Pinch Point? <i>What do you anticipate as the portion of the lesson that your students will struggle the most with?</i></p>	
<p>11. What is the barrier causing the Pinch Point? <i>What are barriers that are causing the pinch point?</i></p>	
<p>12. Change one thing. <i>Pick one thing to do differently and change it.</i></p>	
<p>13. Deliver. Observe. Reflect. <i>Make sure to come back to this document and reflect on the experience.</i></p>	
<p>14. Repeat <i>Continue the cycle.</i></p>	