## PLAYFUL LEARNING

Shared by Jennifer Zosh, Ph.D.



Direct Instruction

Adult designed/controlled
Set constraints for activity

Balance of child-adult involvement and constraints

Fall 2025

Center on the Developing Child (Harvard)

## Blogs & Books to check out:

- Blogs about Playful Learning at the Brookings Institution
- Brookings Blog: What if teaching mirrored how human brains learn?
- World Economic Forum Blog: <u>"Learning through play represents the best long-term value for helping kids, regardless of background"</u>
- NAEYC excerpt about playful learning (and note that the full chapter is in the DAP book)
- Book- <u>Developmentally Appropriate Practice in Early Childhood Programs</u> <u>Serving Children from Birth Through Age 8, Fourth Edition</u>
- Book- <u>Making Schools Work: Bringing the Science of Learning to Joyful Classroom Practice</u>
- Book- <u>Becoming Brilliant</u>: What Science Tells Us About Raising Successful Children

## **Lego Foundation resources:**

- Learning through Play Info and Resources
- Learning through Play at School Info and Resources
- Video: 5 characteristics of Learning through Play

## **Other Resources**

- <u>Pedagogy of Play</u> resources, videos, research, planners etc., be sure to check out the "For Educators" tab
- Video Kindergarten: Where Play and Learning Can Meet
- Video Integrating Play into Literacy Instruction: Strategies for your Classroom
- Video A Look at Quality Learning Environments for 1st and 2nd Grade Classrooms
- Video Kindergartners Learn Best Through Guided Play